



Ladder Installation Instructions

P/N 210578: 2015+ Ford Transit Rear Door Ladder, Driver's Side

Before you begin:

- *Stainless steel hardware may bind together when tightening — apply an anti-seize assembly lubricant to the threads of each bolt before assembly*
- *This installation requires two or more people*
- *Unless otherwise specified, refer to the general torque value at the end of the instructions for specified torque values*

Required Tools:

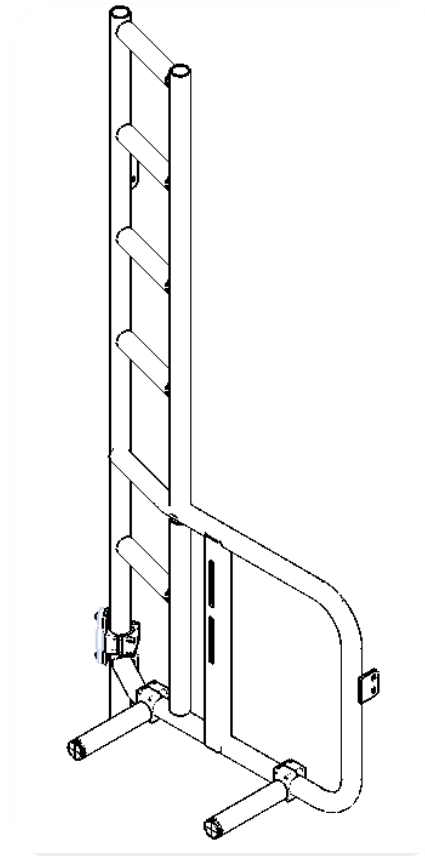
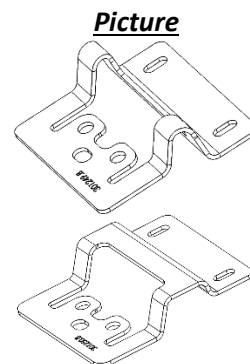
- Standard and metric wrench set
- Standard and metric socket set
- Torx bit set
- Drill or impact driver
- Dremel
- Isopropyl Alcohol
- Baby Soap or Dish Soap
- Spray Bottle
- Clean Rag
- Squeegee (or old credit card)
- Vice grips

Included Hardware:

<i>P/N</i>	<i>Description</i>	<i>Quantity</i>
70344	5/16"-18 x 1" Button Head Bolt, BLACK OXIDE	4
70446	5/16"-18 x 1 ¼" Button Head Bolt, BLACK OXIDE	2
70448	3/8" ID Washer, 1/8" THK, BLACK OXIDE	4
70345	5/16" ID Washer, BLACK OXIDE	12
70346	5/16"-18 Nylon-Locking Nut, BLACK OXIDE	6
400999	Impact Resistant Protective Tape	9"
70246	Antiseize Bolt Lubricant Packet, 2g	1

Additional Parts:

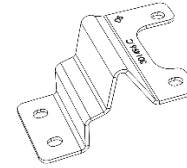
<i>PN</i>	<i>Description</i>	<i>Quantity</i>
301249/350656	Upper Hinge Bracket	1 ea
301250/350657	Lower Hinge Bracket	1 ea





301496/350643 Inner Driver Door Bracket,
Driver

1 ea



Ladder Installation:

1. Cut the supplied protective tape into one - 6" section and one - 3" section. Round all corners.
2. Apply the protective tape to each location, one at a time, using the following wet application technique described below.
3. Prepare the surface for protective film application (wet application technique):
 - a. Clean the area around each hinge with isopropyl alcohol and rag.
 - b. Wash your hands thoroughly.
 - c. Do not apply in direct sunlight
 - d. Apply in temperatures above 60°F.
 - e. Create two separate wetting solutions:
 - i. Soap/water: ~95% water / ~5% soap
 - ii. Alcohol/water: ~75% water, ~25% isopropyl alcohol
4. Spray the surface thoroughly with soap/water solution and do not wipe down surface.
5. Remove the liner from the protective tape while spraying the adhesive side with soap/water solution.
6. Apply the protective tape to the outside of the door (Figure 1). At the upper or lower hinge location, leaving approximately 1/2" of tape overhanging to be wrapped around the edge of the door. Leave the tape overhanging for now.



Figure 1: Locations of Protective Film Application

7. Use squeegee all air bubbles out starting at adhered edge.
8. Use the alcohol/water solution to speed up adhesion at one edge (lift section up and spray adhesive side) as needed.
9. Wrap remaining protective tape around the door underneath hinge if possible.
10. Install the upper hinge bracket by:
 - a. Have someone help support the weight of the door throughout the entire bracket installation.
 - b. Remove the three bolts connecting the hinge to the door.
 - c. Rotate hinge enough to allow the bracket to be installed around the hinge (Figure 2).



Figure 2: Upper Hinge Rotated Away from Door

- d. Install the hinge around the hinge in the correct orientation (Figure 3).



Figure 3: Bracket Installed Over Factory Hinge

- e. Rotate the hinge and bracket back into position against the door.
- f. Use the factory hardware to reinstall the hinge/bracket (Figure 4).

PRO TIP: Be sure to center the bracket around the hinge and verify clearances around the hinge while slowly opening and closing the door.



Figure 4: Inside View of Installed Upper Hinge Bracket

- 11. Install the lower hinge bracket by repeating the process detailed in Step 2 (reference Figure 5).



Figure 5: Inside View of Installed Lower Hinge Bracket

- 12. Loosen the weather-stripping on the inside of the driver's side door from the bottom up to past the inside handle.
- 13. Remove the driver's side inside handle by removing the torx bolt (Reference Figure 6).



Figure 6: Driver's Side Inside Handle

- 14. Remove the upper and lower factory torx bolts as shown in Figure 7. **NOTE:** Hold the center post with clamp or vice during the installation to prevent the latch falling into the door.



Figure 7: Inner Door Bracket Installed

15. Install the inner driver door bracket using the upper and lower factory torx hardware (See Figure 8).



Figure 8: Inner Driver Door Bracket Installed

16. If needed, cut a relief channel into the ribs on the back of the plastic factory handle with a Dremel. Reference Figure 9. Shave the ribs down about 1/8", or enough to clear the torx bolt head on the inside of the door.



Figure 9: Driver's Side Inside Handle

17. Reinstall the inside door handle over the bracket using the same factory torx bolt.
18. Verify the driver's inside door handle operates as desired. Repeat Steps 16-17 as needed.
19. Mark and cut the weather-stripping to fit around the inner door bracket. On the weather-stripping, cut the channel (attachment to the folded sheet metal) and not the bulb (hollow tube); (Reference Figure 10 & 11).

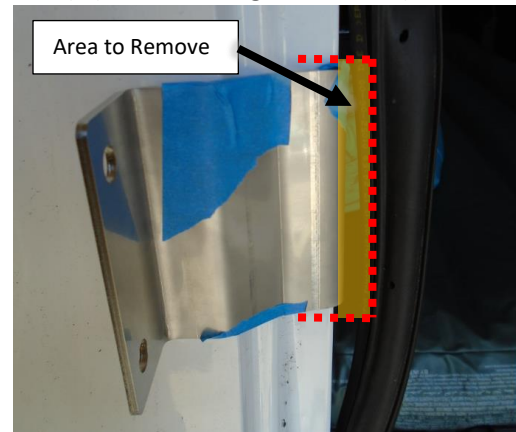


Figure 10: Weather-Stripping Cut to Shape

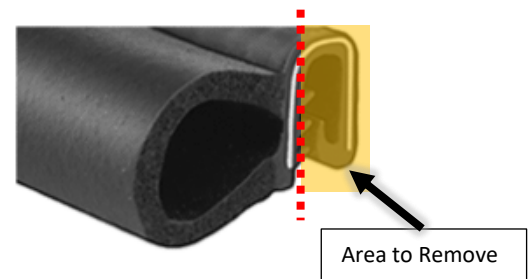


Figure 4: Cross-Section of Weather-Stripping

20. Reinstall weather-stripping over the bracket ensuring cut section lines up with bracket as shown in figure 12.



Figure 12: Installed Weather Stripping After Modification



21. Loosely install the rack onto the upper, lower, and inner brackets using the provided 5/16"-18 bolts, washers, and nuts. Use the 1" bolts for the outer brackets and the 1 1/4" bolts for the inner bracket.

- a. Tighten the upper and lower **hinge** brackets first.
- b. There should be a small gap at the center bracket before it is fully tightened (0-1/8"). If the gap is larger, than 1/8", use the provided 1/8" THK washers as shims (PN: 70448) to close the gap to $\leq 1/8"$ (See Figure 13).



Figure 13: Gap between bracket and product

22. Verify the hinge brackets and inner door brackets have appropriate clearances while slowly opening and closing both rear doors.
23. Check mounting hardware after first 100 miles of driving and periodically after to verify hardware has not become loose from vibration.
24. Your new Aluminess tire rack is now installed, enjoy
25. PRO TIP: If your inner door brackets are crashing into each other, watch this video on how to easily adjust your hinges:



General Torque Values			
Size	Stainless Steel	Zinc	Grade 8
#6-32	10 lb-ft	--	--
#8-32	18.4 lb-ft	--	--
#10-32	26.6 lb-ft	--	--
1/4"-20	5.3 lb-ft	7.8 lb-ft	9 lb-ft
5/16"-18	10.9 lb-ft	16 lb-ft	18 lb-ft
3/8"-16	19.4 lb-ft	28.3 lb-ft	33 lb-ft
7/16"-14	31 lb-ft	45 lb-ft	52 lb-ft
1/2"-13	47 lb-ft	69 lb-ft	80 lb-ft
M6	4.7 lb-ft	5.8 lb-ft	--
M8	11.3 lb-ft	14.1 lb-ft	--
M10	22.3 lb-ft	27.9 lb-ft	--
M12	38.9 lb-ft	48.7 lb-ft	--



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